

✂ CITIZENS OF THE KINGDOM ORTHODOXY ✂

Purification - Illumination - Glorification

FULL MOON DAY NEWSLETTER

BIBLICAL NEW MOON = THE FULL MOON

"Likewise the people of the land shall worship at the entrance to this gateway before the Heavenly Father on the Sabbaths and the New Moons."

Ezekiel 46:3

(English Biblical Translations ERROR - in Hebrew - chôdesh from H2318; means the new moon; by implication a month: - month (-ly), new moon = a beginning of a new month)

THOUGHT OF THE MONTH

WE CALL FOR A NEW CALENDAR - A NEW ORGANIZING PROGRAM FOR SOCIETY!



DEAR READERS,

IT'S NEW FULL MOON DAY AND EVEN MORE APPROPRIATE - HAPPY BLOOD MOON DAY!!

It is a celestial event in time which will be fixed in the world's calendars, as we presently know and live by them, but also in our **HEAVENLY FATHER'S SACRED CALENDAR WHICH HE IS NOW REVEALING AGAIN TO HIS DEVOTED.**

I have been talking a lot about morphing out of our cocoons... awakening from our deep sleep as if we were under a spell which only a higher power could have cast over us. Like slaves, we all have been forced to **MARCH TO A RHYTHM WE DID NOT CHOOSE OURSELVES.**

We now understand that a calendar is a programming device for society. Our beliefs, habits, and customs are governed by the calendar that we use. Throughout human history, calendars have been the primary **INSTRUMENT BY WHICH A SOCIETY IS REGULATED AND CONTROLLED.**

A calendar is like the operating system of your computer. You are usually unaware that you are using it until a glitch causes

the system to get confused. A calendar should not create confusion due to its irregularity and irrationality. It should be an operating system that is clear, simple, and perpetual, one that creates awareness of **NATURAL CYCLES OF TIME.**

To change and replace the calendar with the **FULL MOON BIBLICAL CALENDAR** is to return us to our original purpose, leading us back onto a pathway of natural health. The opportunity to change your calendar and the timing frequency is now upon us. This year 2025 will be critical. It will be the turning point in time because Noah's ark is in preparation mode, readying for its imminent departure. Passover is nearing.

ALIGNING WITH THE CORRECT PASSOVER DATE IS LIKE HAVING ACCESS TO A TICKET TO BOARD NOAH'S ARK ...YOU HAVE RECEIVED A MARK TO THEREFORE ENTER. IT TELLS EVERYONE AROUND YOU THAT YOU HAVE SEPARATED YOURSELF FROM THE MASSES. THAT

YOU HAVE AWAKENED AND HAVE ACCESSED THE KNOWINGNESS WITHIN. YOU HAVE REACHED "FULLNESS" OF UNDERSTANDING YOU HAVE THUS HEARD THE CALL TO SEPARATE. IT IS YOUR SPECIAL UNIQUE MARK (TICKET) THAT YOU CARRY - THE MARK OF YESHUA.

YOU THEREBY ACKNOWLEDGE THAT COMING WORLD WAR EVENTS, AND THAT PROPHECY PROCLAIMING DEATH AND DESPAIR, WILL PASS YOU OVER.

PASSOVER

BECAUSE OF THIS UPCOMING EVENT ON 26, 27, 28 OF YOUR APRIL

(GREGORIAN CALENDAR TIME), WE MUST BE VERY CLEAR AND UNSHAKABLE IN OUR UNDERSTANDING OF THE NEW "ANCIENT" CALENDAR. WE NEED TO BE DETERMINED TO EXPOSE AND ELIMINATE THE CURRENT CIVIL CALENDAR FOR ONCE AND FOR ALL FROM OUR LIVES AS BEST WE CAN. BECAUSE REMEMBER YESHUA LOVES US AND HE IS COMING TO SAVE HIS DEVOTED FOLLOWERS... THERE WILL BE A DATE AND A TIME THE BRIDEGROOM WILL ARRIVE.

See how crucial it is to be on the right calendar? **BE THERE.**

Sabbath shalom



DO YOU KNOW?

WE DID NOT CHOOSE THIS CLOCK THAT DICTATES OUR DAILY LIVES?

The legal code of the United States **DOES NOT SPECIFY AN OFFICIAL NATIONAL CALENDAR.** Use of the Gregorian calendar in:



THE UNITED STATES STEMS FROM AN ACT OF PARLIAMENT OF THE UNITED KINGDOM IN 1751.



THE BRITISH CALENDAR ACT OF 1751, SPECIFIED THE USE OF THE GREGORIAN CALENDAR IN ENGLAND AND ITS COLONIES.



DO GOOD BY GIVING BACK



Let's all store up a good foundation to obtain eternal life...

TO DO GOOD, IS A COMMAND FROM OUR HEAVENLY FATHER. IT IS A BIBLICAL ASSIGNMENT FOR GOOD REASON!

*"For the **SON OF MAN IS LORD EVEN OF THE SABBATH.**" Then He said to them, "What man is there among you who has one sheep, and if it falls into a pit on the Sabbath, will not lay hold of it and lift it out? Of how much more value then is a man than a sheep? Therefore **IT IS LAWFUL TO DO GOOD ON THE SABBATH.**"*

Matthew 12:8, 11-12 NKJV

SO, IF YOU WANT TO FEEL GOOD, DO GOOD 😊!

HERE ARE SOME IDEAS:

1. Turn **PLASTIC** into **BUILDING MATERIALS** – investigate eco-bricks!
2. Recycle **OLD FURNITURE** - don't throw it out, give it a fresh coat of paint!
3. Recycle **OLD CLOTHING** - turn old clothing into quilts or use them as cleaning cloths.
4. Save **USED GLASS JARS** - turn them into candle holders or storage containers.
5. Use **WOODEN PALLETS** - to create furniture or garden planters

*"The sun shall be turned into darkness, and the **MOON INTO BLOOD** before the great and terrible day of **GOD YHUH.**"*

Joel 2:31

THE MOON SERVES AS OUR LIFE LONG CLOCK

HERBS to DECALCIFY the PINEAL GLAND

Your pineal gland is part of the endocrine system in your brain, and it plays an important role in regulating almost every function in your body, including reproduction, executive function, growth, body temperature, blood pressure, sensory and motor activity, sleep, mood, perception, immune function, appetite, and longevity.

eanimamundiherbals



CHAGA

Increases production of melatonin in the pineal gland. Chaga has been shown to support hormonal balance + act as an immunomodulator. Chaga contains high levels of the antioxidant superoxide dismutase (SOD).



CHLOROPHYL + ALGAE

Eat foods high in chlorophyll. Dark, leafy greens are a great source of chlorophyll. Wheatgrass, blue green algae, and chlorella are also great for detoxifying the pineal gland

MILK THISTLE

Assists liver + gallbladder detox, removal of heavy metals, prescription medications, chemotherapy, radiation, environmental pollution



TAMARIND

Research shows tamarind may even be able to reverse the effects of skeletal fluorosis caused by ingesting fluoride, and other heavy metals. It's fruit shell, has been used to de-fluoridate groundwater.



SCHISANDRA

These berries cleanse the body of heavy metal + have been highly regarded for their ability to strengthen consciousness + enhancing vitality.



MORINGA

Moringa is said to bind onto pathogens and harmful bacteria, assisting in detox. While being a potent mineralizer.



TURMERIC

Curcumin, the active ingredient in turmeric, has neuroprotective benefits, and studies show that it can mitigate the effect of fluoride-induced neurotoxicity.



IODINE

Iodine chelates fluoride and heavy metals such as mercury, lead, cadmium, and aluminum. Be sure to check dosage with a practitioner prior to consuming.



THOUGH THE MOON ONLY REFLECTS THE LIGHT OF THE SUN, ITS ENERGY AFFECTS THE WATER, AND THE MIND. THIS IS SCIENTIFICALLY PROVEN, WHICH IS WHY WHEN SOMEONE GOES CRAZY, THEY ARE CALLED LUNATICS. (THE WORD LUNA-TICS IS DERIVED FROM THE WORD 'LUNAR' BECAUSE THE MIND IS CONNECTED TO THE MOON.)

ANCIENT PEOPLE DID AN IN-DEPTH STUDY ON HOW THE MOON AFFECTS THE MIND, HOW THE MOON IS MOVING AROUND IN DIFFERENT CONSTELLATIONS AND HOW DIFFERENT DEGREES OF THE MOON HAVE A DEFINITE IMPACT ON THE MIND. THE ANCIENT ISRAELITES WERE INSTRUCTED BY MOSES TO WORSHIP ON THE NEW FULL MOONS AS THEY ENTERED A NEW MONTH ON THE ANCIENT CALENDAR. THEY ALSO CALLED IT A SABBATH IN ADDITION TO THE 7TH DAY SABBATH, THEY WERE TAUGHT THROUGH THE RECEIVING OF MANNA.

THE MOON HAS AN EFFECT ON WATER AND AS WE KNOW, OUR BODIES CONTAIN A LOT OF WATER. HENCE ON THE DAY OF THE FULL MOON, IT IS BENEFICIAL TO DO MEDITATION OR PRAY AS WE WILL PHYSICALLY BE MORE IN TUNE WITH OUR SPIRITUAL SIDE AND OUR CREATOR.

Food that we consume is converted into 2 parts – mind energy and life energy. The mind energy is centred in the **PINEAL GLAND** area from which vital hormones are secreted. The moon enters this gland to take control of all our activities from night till the time we wake up. The rays of the moon affect human beings, animals, plants, water and so on. Our body consists of 60% water. So, the full moon meditation helps seekers in going inward, transcending the mind, and feeling the divinity within.

FULL MOON MEDITATIONS HELP BELIEVERS TO GO INWARD, (TO BE TRULY STILL AND AWARE OF ONESELF IN ALL ASPECTS) AND TO TRANSCEND THEIR MINDS, TO REACH OUT TO OUR CREATOR, FEELING THE DIVINITY WITHIN AND HEARING FATHER'S VOICE. LEAVE BEHIND THE RECITAL OF PREDICTIVE MONOTONOUS PRAYERS. IT IS TIME TO CONNECT DIRECTLY.

Scientists found that the pineal gland in mice changes shape during new and full moon phases. They think this happens because of the moon's gravitational pull, which affects tiny particles inside the gland's cells. This means that:

1. The pineal gland is connected to the moon's cycles.
2. The gland can sense changes in gravity.
3. The pineal gland sends signals to other parts of the body in a regular, lunar-related pattern.

This discovery could really help us understand how the moon affects living things.

THE FULL MOON OBSERVED EFFECT; CAN BE EXPLAINED AS SERVING AS THE LIFE LONG CLOCK OF A BRAIN. THE MOON BASICALLY CONTROLS OUR DEVELOPMENT AND AGING THROUGH STIMULATING THE EXCRETION OF HORMONES REGULARLY.

It was found that people experienced better sleep during the new moon and worse sleep during a full moon. During the full moon, it takes an average of five minutes longer to fall asleep and people dozed for 20 minutes less. And, their melatonin levels dropped. Melatonin is a hormone that regulates the sleep-wake cycle by causing drowsiness and a dip in body temperature. **OUR PINEAL GLANDS HOLD THE SECRET TO WHO WE ARE. IT IS OUR CONNECTION TO THE DIVINE. WE NEED TO OPTIMIZE AND THEN SYNCHRONIZE OUR GLAND WITH THE WHOLE OF CREATION, IN ORDER TO BECOME ONE BEFORE OUR CREATOR. (SEE OUR CHART HOW TO OPTIMALLY MAXIMISE YOUR PINEAL GLAND).**

IS A BLOOD MOON A SIGN OF A LOOMING DISASTER?

BLOOD MOONS amplify the already strong powers of the lunar cycle. The full moon symbolizes sudden illumination, **HIDDEN INFORMATION RISING TO THE SURFACE - INDICATING SHIFTS IN OUR INNER LIFE. AS BELIEVERS, THE COMING LUNAR ECLIPSES ARE SIGNS OF COSMIC WHIRLWINDS COMING OUR WAY. FATHER SAYS LOOK AT THE SIGNS IN THE SKY... THE BIBLE FREQUENTLY REFERS TO BLOOD MOONS.**

THE OMINOUS RED COLOUR SAYS IT ALL. WE CAN UNFORTUNATELY EXPECT VIOLENCE AND DISTURBANCES IN NATURE TO FOLLOW...

While earnestly awaiting and studying the Book of Revelation, for signs of the return of **YESHUA**, we must approach prophecy with both wisdom, obedience and humility. Scripture calls us to remain vigilant yet also warns against setting specific dates. Many cite Matthew 24:36, *"But of that day and hour no one knows, not even the angels in heaven, but my Father only."* Yeshua commands watchfulness **AND SINCERE SELF INTROSPECTION** while maintaining mystery about the timing:

*"Remember, therefore, what you have received and heard; hold it fast, and **REPENT**. But if you **DO NOT WAKE UP**, I will come like a thief, and you will not know at what time I will come to you".*

Revelation 3:3

HERE IT IS CLEAR THAT MANY BELIEVERS AND SAINTS ARE UNDER THE SPELL OF SATAN...

*"25 He will speak words against the Most High and oppress the holy ones of the Most High. He will intend to change **RELIGIOUS FESTIVALS AND LAWS**, and the **HOLY ONES WILL BE HANDED OVER FOR A TIME**, times, and half a time.*

Daniel 7:25

While Daniel 7:25 warns of attempts to "change **TIMES AND LAWS**," **AND THEN ADMITS THE DEFEAT OF THE HOLY ONES**, our role is to **NOW** scrutinise how this warning is applicable and to watch for signs while rectifying our mistakes of the past to avoid becoming part of this seemingly asleep people which these precise predictions are trying to awaken!

Let's examine where Paul writes:

"That day will not come unless the apostasy comes first and the man of lawlessness is revealed,"

2 Thessalonians 2:3

We must interpret this verse carefully. While the Greek word "apostasid" can suggest a "departure," it also could mean "refusing to continue to follow, obey, or recognize a religious faith". Paul mentions "the

restrainer" in 2 Thessalonians 2:6-7 that we should remain humble in our interpretations and open minded, as to not allow culture or dogma to influence our awakening, while keeping in the back of our minds that prophetic understanding unfortunately often becomes clearer only after events unfold. We could miss the boat all together!!

As we observe prophetic signs and patterns, including the significance of the coming Passover, the **SECOND PASSOVER**, and various celestial events, we must remember these are guideposts for spiritual preparedness rather than precise indicators of timing. While these signs and current events suggest we may be approaching significant prophetic fulfilments, our focus should remain on spiritual readiness and to come into alignment with Father's Times and Feasts.

THE SIGNIFICANCE OF PASSOVER AND THE SECOND PASSOVER

The Feast of Trumpets is traditionally considered a very important feast, as it is a determining factor to achieve access into the **NEW KINGDOM**, but so is **PASSOVER WHICH IS THE ONLY FEAST THAT GIVES EXPLICIT CALENDRLICAL INSTRUCTIONS TO FOLLOW BY ALL BELIEVERS.**

IT THEREFORE HOLDS SPECIAL SIGNIFICANCE FOR THE CHURCH. SO MUCH CAN BE READ INTO THIS BIBLICAL NARRATIVE AND THE IMPLICATIONS IT HAS IN THE END TIMES. THE HAND THAT PAINTED THE BLOOD ON THE DOORPOSTS OF THE ELECT, CLEARLY POINTS A DISTINCTIVE FINGER TO YESHUA, WHO "FULFILLED" THE FIRST PASSOVER THROUGH HIS CRUCIFIXION. HE BECAME THE ULTIMATE SACRIFICIAL LAMB OF WHICH HIS ATONING BLOOD, WILL YET AGAIN KEEP US SAFE IN DAYS TO COME IF WE ACKNOWLEDGE HIS SACRIFICE ON THE CORRECT DATE FOR PASSOVER, AS THE BIBLE INSTRUCTS.

*"Clean out the old leaven so that you may be a new unleavened batch, as indeed you are. For **YESHUA OUR PASSOVER LAMB** has been sacrificed."*

1 Corinthians 5:7

THE SECOND PASSOVER, established in **NUMBERS**, very few people know about.

*"Tell the Israelites: When any one of you or your descendants is **UNCLEAN** because of a corpse or is on a **DISTANT JOURNEY**, he may **STILL OBSERVE THE PASSOVER TO THE GOD YHUH**. Such people are to observe it in the*

SECOND MONTH, on the fourteenth day at twilight. They are to eat the animal with unleavened bread and bitter herbs”

Numbers 9:10-11

THIS MYSTERY WHICH UNFOLDS PROVIDES A PROFOUND PARALLEL TO GOD YHUH'S GOLDEN PLAN FOR HIS CHURCH.

Just as the **SECOND PASSOVER** was given for those who were ceremonially unclean or on a distant journey during the first Passover, it may symbolize God YHUH'S provision for the Gentile Church, who were spiritually "far off" during **YESHUA'S** first coming. We get a second chance! Almost as though it is specifically meant for the **PAGAN** sojourners, the foreigners (**GENTILES**) that they have a way in...

This upcoming sequence of events and pattern becomes even more significant when we consider that **BOTH REAL PASSOVERS WILL NOT OCCUR ON A FULL MOON, WHICH IS BIBLICALLY AN IMPOSSIBILITY YET IT IS ON THE JEWISH CALENDAR!! ACKNOWLEDGING THE SACRILEGE OF IGNORANCE AND DISOBEDIENCE, SYMBOLISES THAT THE "NATIONS", IF ONLY THE CHOSEN EDMITE REMNANT, HAS NOW COME INTO THEIR "FULLNESS".**

The **FIRST PASSOVER** marked Israel's physical deliverance from Pharaoh's oppression in Egypt through the death of the firstborn, and was spiritually fulfilled through Yeshua's death and resurrection.

Similarly, the **SECOND PASSOVER** could symbolize the Church's physical deliverance from the Antichrist's coming oppression through their **SEPARATION OR "RAPTURE" AS SOME CHURCHES PROCLAIM.**

With the latter notably coinciding with both the True Second Passover of 2025 and, remarkably, the date that Alice Bailey prophesied for the "**GENERAL ASSEMBLY OF THE HIERARCHY**"—a significant alignment that could indicate the enemy's awareness of God YHUH prophetic timeline.

THE WORLD STAGE HAS NEVER BEEN BUSIER!!

Additionally, a massive earthquake is prophesied to occur at the time of the **GREAT SEPARATION!**

*"I swear in my zeal and fiery wrath: On that day there will be a **GREAT EARTHQUAKE** in the land of Israel. The fish of the sea, the birds of the sky, the animals of the field, every creature that crawls on the ground, and **EVERY HUMAN BEING** on the face of the earth **WILL TREMBLE BEFORE ME.**"*

The mountains will be demolished, the cliffs will collapse, and every wall will fall to the ground."

Ezekiel 38:19-20

This prophecy takes on new significance as scientists predict increased seismic activity due to specific planetary and lunar alignments from the second half of January 2025, with potential for a magnitude 7+ earthquake. Many have occurred!! This aligns with the broader pattern of intensifying global earthquake activity. <https://globalquake.net/>

ISRAEL, IRAN AND THE COMING WAR

Apart from the red heifer sacrifice or 3rd Temple erection and the potential for World War III **TRUMP** casually throws around continuously, Jeremiah could be spot on soon as he foretells that destruction is upon us. "Elam," which is the region of Iran's Bushehr nuclear facility:

"I WILL BREAK THE BOW OF ELAM, the chief of their might... I will bring disaster upon them, my fierce anger, says the Heavenly Father."

Jeremiah 49:34-3

Recent intelligence reports suggest Israel is preparing to strike Iran's nuclear sites. Keep an eye on the **JERUSALEM POST** or follow Amir on Telegram. This all will lead to an all-out war and it will set the stage for the **EZEKIEL 38** war. Russia, Iran, and Turkey will unite against Israel.

Turkey will not tolerate the American "take over". **AS THE STATUS QUO OTTOMAN DECREE WILL ALLOW NO CHANGE OR A NEW TEMPLE IN THE OLD CITY OR TEMPLE MOUNT.**

If this happens near the end of 2025, it would further align with my own prophesied sequence of end-time events and that of several others. As we witness the unprecedented convergence of biblical prophecies, historical timelines, and current world events, the evidence is clear: the **SEPARATION/ RAPTURE THAT WILL TAKE YESHUA'S PEOPLE OUT OF HARMS WAY** draws nearer than ever before. **THE EASTERN GATE OF SOUTHERN AFRICA IS THEIR ENTRANCE AND DESTINATION.**

While we cannot determine the exact day or hour, the urgency of preparation has never been greater. The critical question before us is: **ARE YOU READY?**

Preparing for the **SEPARATION** requires genuine spiritual dedication and transformation. As **YESHUA** teaches in the Book of John.

*"If you love me, **KEEP MY COMMANDS.**"*
John 14:15

This journey, like **EXODUS OF OLD**, begins with sincere faith and repentance—accepting **YESHUA** (He will respond to His rightful name) as your Saviour. If you confess with your mouth, "**YESHUA IS OUR MASTER,**" and believe in your heart that

God YHWH raised Him from the dead, you will be saved. One believes with the heart, resulting in **RIGHTEOUSNESS**, and one confesses with the mouth, resulting in **SALVATION**.

*"that if you confess with your mouth **YESHUA** and believe in your heart that **God YHWH** has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation*

Romans 10:9-10

Our spiritual preparation must be comprehensive and constant. The parable of the ten virgins **MATTHEW 25:1-13** teaches:

*25 "Then the kingdom of heaven shall be likened to ten virgins who took their lamps and went out to meet the bridegroom. 2 Now five of them were wise, and five were foolish. 3 Those who were foolish took their lamps and took no oil with them, 4 but the **WISE TOOK OIL IN THEIR VESSELS WITH THEIR LAMPS.** 5 But while the bridegroom was delayed, they all slumbered and slept. 6 "And at midnight a cry was heard: 'Behold, the bridegroom is coming; go out to meet him!' 7 **THEN ALL THOSE VIRGINS AROSE AND TRIMMED THEIR LAMPS.** 8 And the foolish said to the wise, 'Give us some of your oil, for our lamps are going out.' 9 But the wise answered, saying, 'No, lest there should not be enough for us and you; but go rather to those who sell, and buy for yourselves.' 10 **AND WHILE THEY WENT TO BUY, THE BRIDEGROOM CAME**, and those who were ready went in with him to the wedding; and the door was shut. 11 "Afterward the other virgins came also, saying, 'Messiah, Messiah, open to us!' 12 But he answered and said, 'Assuredly, **I SAY TO YOU, I DO NOT KNOW YOU.**' 13 **"WATCH THEREFORE, FOR YOU KNOW NEITHER THE DAY NOR THE HOUR IN WHICH THE SON OF MAN IS COMING."***

Matthew 25:1-13

It is of vital importance. Our lamps must be kept full of good oil continuously. We must have discernment - we must throw out the **OLD LEAVEN AND THEN REMAIN WATCHFUL AND ALERT FOR HIS CALL**. This vigilance is maintained through a strong relationship with **YESHUA**, cultivated through daily communion and fellowship. Through the indwelling of the Holy Spirit, we are enabled to offer "acceptable" praise on the correct days (Rev 13) or are we to **UPGRADE OUR** spiritual knowledge and readiness for His return? Is there a possibility we can miss **THE BOAT? THE CALL?**

Our **BRIDEGROOM'S** outstretched hand?

IS OUR SPIRITUAL PRIDE PREVENTING US FROM STARRING REALITY IN THE FACE?

WE ARE ON THE WRONG CALENDAR!!

THE SIGNS ARE UNMISTAKABLE, AND BRIDEGROOM IS CALLING HIS BRIDE TO GET READY. THE CONVERGENCE OF PROPHETIC MARKERS POINTS TO AN IMMINENT SEPARATION.

The Bridegroom is truly at the door—**WILL HE ACKNOWLEDGE YOU OR NOT?**

UNDERSTANDING THE MOVEMENT OF THE MOON



As the Moon orbits Earth, it appears to move through different constellations, spending roughly **TWO AND A HALF DAYS** in each one before transitioning to the next, due to its orbital path across the zodiac signs.

Key points about the Moon's movement through constellations:

ORBITAL PERIOD:

- The Moon takes about 29.5 days to complete one full orbit around Earth.
- Zodiac signs: The Moon appears to travel through the 12 zodiac constellations along the ecliptic (the Sun's apparent path).
- Time in each constellation: This means the Moon stays in each zodiac sign for approximately 2.5 days.

*"The sun shall be turned into darkness, and the **MOON INTO BLOOD** before the great and terrible day of **GOD YHWH.**"*

Joel 2:31

IN ASTROLOGY, ECLIPSES ARE SEEN AS INTENSE PERIODS OF CHANGE, TRANSFORMATION, AND REALIGNMENT



A blood moon is a total lunar eclipse, where the moon appears reddish-orange due to the sunlight filtering through Earth's atmosphere. The allure of the night sky has captivated humanity for centuries. From twinkling stars to celestial events, each phenomenon holds a unique significance. One such celestial event that has mesmerized people throughout history is the blood moon.

IN ASTROLOGY ECLIPSES ARE SEEN AS INTENSE PERIODS OF CHANGE, TRANSFORMATION AND REALIGNMENT

A blood moon eclipse may bring deep emotions and intuition to the surface. It is viewed as a time for release, renewal, and setting new intentions. In Christianity, some connect the blood moon to **BIBLICAL PROPHECIES**. Many believe that a blood moon **SIGNIFIES THE END OF ONE PHASE AND THE BEGINNING OF ANOTHER**.

WHAT IS A BLOOD MOON? HOW DOES IT HAPPEN?

A blood moon refers to a total lunar eclipse, where the Earth casts its shadow on the moon, giving it a reddish hue. This phenomenon occurs when the Sun, Earth, and Moon align perfectly. When the Moon is fully within the Earth's shadow, it reflects the scattered light from the Earth's atmosphere, resulting in a breathtaking crimson glow.



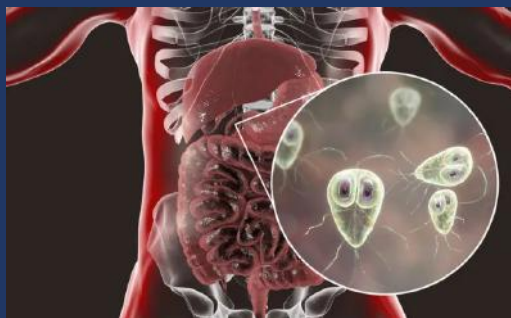
THE SUN WILL BE DARKENED AND THE MOON WILL NOT GIVE IT'S LIGHT

*"Immediately after the tribulation of those days the **SUN WILL BE DARKENED, AND THE MOON WILL NOT GIVE ITS LIGHT**; the stars will fall from heaven, and the powers of the heavens will be shaken. Then the **SIGN OF THE SON OF MAN** will appear in heaven, and then all the tribes of the earth will mourn, and they will see the Son of Man coming **ON THE CLOUDS OF HEAVEN WITH POWER and GREAT GLORY.**"*

Matthew 24:29-30 NKJV



STOP 🛑 🖐️



BEFORE YOU ACCEPT A CANCER OR DISEASE DIAGNOSIS...

DETOX PARASITES!

There is alarming evidence of parasites being the root of most diseases today. There are many natural products that can be used to **TREAT AND OVERCOME DISEASE** – Ivermectin, Fenbendazole, Castor Oil, other powerful essential oils, foods and spices like pumpkin seeds, oregano oil, olive leaf extract, garlic, onions and more.

PARASITE CLEANSE

WITH A FULL MOON, IT IS THE BEST TIME TO DO THE PARASITE CLEANSE 😊

PARASITE CLEANSE RECIPE

Ingredients:

- 1 cinnamon stick
- 2 cloves
- 1 tablespoon of fresh grated ginger
- 1/2 tablespoon of oregano

Instructions:

1. Boil Water: Bring 4 cups of water to a boil in a saucepan.
2. Add Ingredients: Add the cinnamon stick, cloves, grated ginger, and oregano to the boiling water.
3. Simmer: Reduce the heat and let the mixture simmer for about 10-15 minutes.
4. Strain: Strain the tea into a cup or teapot.
5. Serve: Enjoy your parasite-cleansing tea hot.



DEWORMING REMINDER

DEWORMING REGULARLY:



INTERMITTENT & 12 HOUR FASTING



Intermittent fasting involves fasting for a certain number of hours and consuming calories in the remaining hours. There are several intermittent fasting programs, some of which are:

-16/8 Intermittent fasting: In 16/8 intermittent fasting, you **fast for 16 hours** and eat in the remaining eight hours.

-OMAD Intermittent fasting: OMAD stands for one meal a day. With this type of fasting, you fast for **23 hours of the day** and consume your calories in the remaining one-hour feeding window.

-5/2 Intermittent fasting: In 5/2 intermittent fasting, you will **eat normally five days a week** and restrict your calorie intake to 500-600 calories on two non-consecutive fasting days.

-12/12 intermittent fasting method is ideal when it comes to fasting for weight loss as well as other benefits. It requires you to **fast for 12 hours** of the day and consume all your meals, including snacks, in the remaining 12-hour eating window.

SEVERAL HEALTH BENEFITS OF FASTING:

- Weight loss
- Brain health improvement
- Inflammation reduction
- Heart health improvement
- Longevity
- Reduces insulin resistance
- May prevent cancer

<https://fitnessvolt.com/12-hour-fast-guide/>